



Clip this list and put on your refrigerator as a friendly reminder of easy ideas that you and your family can do to make a big difference.

- Have each family member only use one cup per day.
- Change lightbulbs to energy efficient CFL bulbs.
- When safe to do so, turn your car's engine off when idling for over 30 seconds.
- Use one less paper napkin a day
- Save energy by using "Smart Power Strips" or unplug appliances when not in use.
- Use reusable cups when going to Starbuck's or other cafes. Bring your own cup and save 10 cents at Starbucks.
- Buy reusable water containers and fill your own.
- Use cotton tote bags
- Don't print ATM receipts
- Plant a tree
- Recycle all products possible and compost yard waste. Remember to donate old items to local charities. =)

For more information, visit
GoGreenSanJoaquin.org

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